

## SERVICES AND PRICES

November 2022



Enjoy the most authentic  
Ayurvedic courses of treatment  
in a top-level European setting

Join over 30.000 happy clients

## INDIVIDUALIZED CARE

In this list of services, we have compiled a few sample treatment packages. Your own treatment plan, however, is always drawn up individually – according to your personal requirements and the recommendations of the doctor. For all stays of three days or more, the package includes the following doctor's services:

- Initial examination with pulse diagnosis
- Assessment of Dosha imbalances; composition of the optimum treatment plan in accord with your wishes
- Daily doctor's attendance
- For stays of five days or more, also a concluding consultation with your doctor.

If your stay is shorter, you can book these as additional services. The listed treatments include additional measures such as warm towels, heat packs, and resting periods. These enhance the effectiveness and your pleasant experience of the treatment.

**Find information about our services in the following sections:**

- Doctor's fees
- Individual treatment prices
- Full board & supporting program
- Room prices
- Package costs
- General terms and conditions

## I. MEDICAL SUPPORT

### During Panchakarma treatment

**Consultations and doctor's fee are to be settled directly with the medical practice of Dr. Karin Pirc.**

Medical support during a Panchakarma course of treatment: Initial medical consultation, treatment plan, pre-treatment, daily medical stand-by care, and a concluding consultation at the end of the course of treatment.

- |                                                                                                         |          |
|---------------------------------------------------------------------------------------------------------|----------|
| • Short doctor's consultation (30 min.)                                                                 | 109.00 € |
| • for 3 days                                                                                            | 363.00 € |
| • for 5 days                                                                                            | 399.00 € |
| • for 7 days                                                                                            | 435.00 € |
| • for 10 days                                                                                           | 489.00 € |
| • for 14 days                                                                                           | 561.00 € |
| • for 21 days                                                                                           | 687.00 € |
| • for each additional day                                                                               | 18.00 €  |
| • Also included is a free follow-up telephone consultation with the attending physician within 3 months |          |

## MEDICAL CONSULTATION

### Initial consultation (60 min.)

- Comprehensive anamnesis
  - Ayurvedic pulse diagnosis
  - Practical tips and dietary advice to follow at home
  - Prescription of Ayurvedic herbal food supplements
- 219.00 €

### Follow-up consultation (30 min.)

109.00 €

- Additional charge for weekends and public holidays
  - Consultation by phone, per 5 minutes
- 17.00 €  
16.00 €

## II. INDIVIDUAL TREATMENT PRICES

### Synchronized Full-Body Oil Massage

- |                                   |         |          |
|-----------------------------------|---------|----------|
| • Abhyanga (gentle massage)       | • Kapha | 235.00 € |
|                                   | • Pitta | 249.00 € |
|                                   | • Vata  | 263.00 € |
| • Vishesh (deep massage)          |         | 255.00 € |
| • Garshan (oil/dry massage)       |         | 279.00 € |
| • Udvarthana (tissue stimulating) |         | 292.00 € |
| • Pizhichill (under flowing oil)  |         | 418.00 € |
| • Pizhichill (with coconut oil)   |         | 490.00 € |

### Heat treatments

- |                               |          |
|-------------------------------|----------|
| • Svedana (herbal steam bath) | 131.00 € |
|-------------------------------|----------|

### Medicinal enemas

- |                                           |          |
|-------------------------------------------|----------|
| • Matra Basti (oil or Ghee)               | 124.00 € |
| • Shodana Basti                           | 124.00 € |
| • Kshira Basti                            | 124.00 € |
| • Brimhana Basti                          | 124.00 € |
| • Veda-Matra Basti (herbs or bitter Ghee) | 162.00 € |

### Localized treatments

- |                                                                                           |            |          |
|-------------------------------------------------------------------------------------------|------------|----------|
| • Shirodhara (oil flow on the forehead)                                                   | • short    | 140.00 € |
|                                                                                           | • medium   | 147.00 € |
|                                                                                           | • long     | 156.00 € |
| • Takradhara special                                                                      |            | 389.00 € |
| • Shirobasti (herbal oil bath / head)                                                     |            | 261.00 € |
| • Nasya (comprehensive shoulder, neck and head massage, warm compress and nose treatment) |            | 220.00 € |
| • Karnapurana (Tinnitus therapy)                                                          |            | 133.00 € |
| • Netra-Tarpana (eye treatment)                                                           |            | 145.00 € |
| • Shiroabhyanga (massage of the head)                                                     |            | 113.00 € |
| • Trigeminal neuralgia relief treatment                                                   |            | 113.00 € |
| • Padabhyanga (foot and lower leg massage)                                                |            | 128.00 € |
| • Lepam (herbal packs)                                                                    |            | 124.00 € |
| • Aroma Therapy                                                                           |            | 144.00 € |
| • Local package                                                                           | 48.00 € -  | 63.00 €  |
| • Maharishi Light Therapy with Gems                                                       | 90.00 € -  | 132.00 € |
| • Marma Therapy                                                                           | 113.00 € - | 162.00 € |
| • Back massage                                                                            |            | 102.00 € |

### Pain therapy

- |                                                        |            |          |
|--------------------------------------------------------|------------|----------|
| • Pinda Sveda (localized treatment)                    | 379.00 €   |          |
| • Pinda Sveda (treatment of several areas of the body) | 424.00 €   |          |
| • Kalari Marma Uzichill (5 positions)                  | 398.00 €   |          |
| • Pain therapy                                         | 174.00 €   |          |
| • Patra Potali (localized)                             | 125.00 € - | 184.00 € |
| • Patra Potali (full body)                             | 329.00 € - | 389.00 € |
| • Podikili (localized)                                 | 105.00 € - | 149.00 € |
| • Podikili (large area)                                | 266.00 € - | 336.00 € |

### Oil therapies

- |                                                                             |          |
|-----------------------------------------------------------------------------|----------|
| • Kativasthi (oil treatment on lumbar spine)                                | 167.00 € |
| • Grivavasthi (oil treatment for shoulder problems)                         | 167.00 € |
| • Jaanuvasthi (oil treatment for non-inflamed knee problems) for both knees | 220.00 € |
| • Hrid Vasthi (oil treatment for heart problems)                            | 167.00 € |
| • Chakravasthi (for various stomach and stress problems)                    | 167.00 € |
| • Yakrithvasthi (for liver and metabolism disorders)                        | 167.00 € |
| • Chakra Hrid Vasthi (oil therapy for heart and solar plexus)               | 220.00 € |

## GETTING TO KNOW AYURVEDA

### One-day pampering and relaxation

• 1 x Abhyanga – Pitta	249.00 €
• 1 x Shirodhara – medium	147.00 €
• Video lecture: “Introduction to Panchakarma”	
<b>Total:</b>	<b>396.00 €*</b>

### Two-day royal treatment (example)

• 1 x Abhyanga – Pitta	249.00 €
• 1 x Shirodhara – medium	147.00 €
• 1 x Vishesh	255.00 €
• 1 x Svedana	131.00 €
• Video lecture: “Introduction to Panchakarma”	
<b>Total:</b>	<b>782.00 €*</b>

## QUICK RECHARGE

Deep relaxation, cleansing, and revitalization in just a few days. Ideal if you want a short break to “recharge your batteries”.

### Three-day Regeneration (example)

• 2 x Abhyanga – Pitta	498.00 €
• 1 x Udvarthana	292.00 €
• 2 x Shirodhara – medium	294.00 €
• 1 x Svedana	131.00 €
<b>Total:</b>	<b>1,215.00 €*</b>

### Five-Day Revitalization (example)

• 3 x Abhyanga – Pitta	747.00 €
• 1 x Udvarthana	292.00 €
• 3 x Shirodhara – medium	441.00 €
• 1 x Svedana	131.00 €
• 1 x Matra Basti	124.00 €
<b>Total:</b>	<b>1,735.00 €*</b>

### Seven-Day Total Luxury (example)

For an effective regeneration

• 2 x Abhyanga – Pitta	498.00 €
• 1 x Vishesh	255.00 €
• 1 x Udvarthana	292.00 €
• 2 x Shirodhara – medium	294.00 €
• 2 x Svedana	262.00 €
• 1 x Pizhichill	418.00 €
• 2 x Matra Basti	248.00 €
<b>Total:</b>	<b>2,267.00 €*</b>

## COMPREHENSIVE PANCHAKARMA

Course of treatment for maximum regeneration and long-lasting prevention

### 10-Day Panchakarma (example)

For effective revitalization

• 1 x Udvarthana	292.00 €
• 4 x Abhyanga – Pitta	996.00 €
• 2 x Shirodhara – medium	294.00 €
• 1 x Svedana	131.00 €
• 2 x Matra Basti	248.00 €
• 1 x Shodana Basti	124.00 €
• 1 x Vishesh	255.00 €
• 1 x Padabhyanga	128.00 €
<b>Total:</b>	<b>2,468.00 €*</b>

### 14-Day Panchakarma (example)

Effective course of treatment for purification and to address specific conditions

• 2 x Udvarthana	584.00 €
• 5 x Abhyanga – Pitta	1,245.00 €
• 2 x Vishesh	510.00 €
• 3 x Shirodhara – medium	441.00 €
• 2 x Svedana	262.00 €
• 3 x Matra Basti	372.00 €
• 2 x Shodana Basti	248.00 €
• 1 x Nasya	220.00 €
• 1 x Padabhyanga	128.00 €
<b>Total:</b>	<b>4,010.00 €*</b>

### 21-Day Panchakarma (example)

A health vacation. Relaxation and revitalization on the highest level

• 1 x Shiroabhyanga	113.00 €
• 3 x Udvarthana	876.00 €
• 8 x Abhyanga – Pitta	1,992.00 €
• 2 x Vishesh	510.00 €
• 3 x Shirodhara – medium	441.00 €
• 3 x Svedana	393.00 €
• 4 x Matra Basti	496.00 €
• 3 x Shodana Basti	372.00 €
• 3 x Nasya	660.00 €
• 2 x Padabhyanga	256.00 €
<b>Total:</b>	<b>6,109.00 €*</b>

\* You can find an overview of the total costs including consultations and doctor's fees, full board, supporting program and accommodation costs in Häcker's Grand Hotel on page 5.

In consultation with you, the attending physician may recommend additional or fewer therapies to optimize your therapy's success. Thus the total fee for the treatments can vary upwards or downwards.



### III. FULL BOARD & SUPPORTING PROGRAM

**Gourmet full board** from our Maharishi Ayurveda Health Centre's own kitchen: € 69.00 per day. This includes the delicious Ayurvedic meals as well as all drinks, individualized to ensure optimal treatment success.

The Maharishi Ayurveda Health Centre offers a **wide range of services** supporting your Panchakarma course of treatment.

The daily flat rate of € 21 for the Supporting Program is independent of the use of the individual offers for each overnight stay and includes the following services:

- Yoga and breathing exercises
- Gandharva Veda music therapy
- Evening lectures by our doctors, health advisors and seminar leaders
- Basic video course on Maharishi Ayurveda
- Personal and individual guest care

- Hot water room service, 2 x daily
- Ayurvedic tea bar
- Music and Ayurveda lending library
- Regular concerts in the park or in the Marmor Hall (see concert schedule)



Yoga Asanas

### IV. HOTEL PRICING (accommodation only)

#### Exclusive Class – fee per person per night

Double room	127.00 €
Double room, 5 nights or more	124,50 €
Single room	139.00 €
Single room, 5 nights or more	134.00 €
Double rooms can be booked for single occupation by arrangement with the Hotel.	

#### Suites – fee per person per night

Double room Junior Suite (double occupancy)	143.00 €
or Grand Suite (double occupancy)	187.00 €
Junior Suites and Grand Suites can be booked for single occupancy by arrangement with the Hotel.	
Suite as double room	162.00 €



Pricing includes access to of the hotel's wellness facilities, including the thermal swimming pool and the dry and steam saunas. Accommodation prices are per person per day and depend on the room category.

**Payment of accommodation fees plus hotel tax is to be settled with Häcker's Grand Hotel.**

The day of arrival and the day of departure are each counted as half a day.



Thermal indoor pool



Whirlpool including outdoor sauna area



Sauna indoor area

## V. PACKAGE COSTS

### Two-day royal treatment (example)

• Treatment costs	782.00 €
• Full board & supporting program	180.00 €
• Consultations and doctor's fee	219.00 €*
• 2 nights in a single room in Häcker's Grand Hotel p.p.	278.00 €
<b>Total:</b>	<b>1,459.00 €**</b>

### Three-day Regeneration (example)

• Treatment costs	1,215.00 €
• Full board & supporting program	270.00 €
• Consultations and doctor's fee	363.00 €*
• 3 nights in a single room in Häcker's Grand Hotel p.p.	417.00 €
<b>Total:</b>	<b>2,265.00 €**</b>

### Five-Day Revitalization (example)

• Treatment costs	1,735.00 €
• Full board & supporting program	450.00 €
• Consultations and doctor's fee	399.00 €*
• 5 nights in a single room in Häcker's Grand Hotel p.p.	670.00 €
<b>Total:</b>	<b>3,254.00 €**</b>

### Seven-Day Total Luxury (example)

• Treatment costs	2,267.00 €
• Full board & supporting program	630.00 €
• Consultations and doctor's fee	435.00 €*
• 7 nights in a single room in Häcker's Grand Hotel p.p.	938.00 €
<b>Total:</b>	<b>4,270.00 €**</b>

### 10-Day Panchakarma (example)

• Treatment costs	2,468.00 €
• Full board & supporting program	900.00 €
• Consultations and doctor's fee	489.00 €*
• 10 nights in a single room in Häcker's Grand Hotel p.p.	1,340.00 €
<b>Total:</b>	<b>5,197.00 €**</b>

### 14-Day Panchakarma (example)

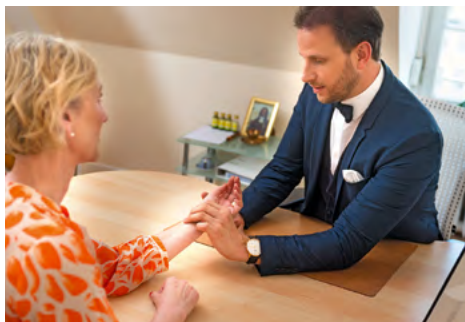
• Treatment costs	4,010.00 €
• Full board & supporting program	1,260.00 €
• Consultations and doctor's fee	561.00 €*
• 14 nights in a single room in Häcker's Grand Hotel p.p.	1,876.00 €**
<b>Total:</b>	<b>7,707.00 €</b>

### 21-Day Panchakarma (example)

• Treatment costs	6,109.00 €
• Full board & supporting program	1,890.00 €
• Consultations and doctor's fee	687.00 €*
• 21 nights in a single room in Häcker's Grand Hotel p.p.	2,814.00 €**
<b>Total:</b>	<b>11,500.00 €</b>

\* To be settled directly with the medical practice of Dr. Karin Pirc.

\*\* To be settled directly with Häcker's Grand Hotel.



## VI. GENERAL TERMS AND CONDITIONS

### §1 Legal conditions

According to provisions of the law on sales contracts, §§ 433 ff. of the Civil Code (BGB) of Germany, the following conditions apply:

### §2 Pricing

Your booking confirmation determines which services and prices are contractually agreed on, with reference to the current list of Services and Prices. The total fees include your stay and the confirmed treatments, the board you have booked, and the supporting program. If you decide to extend your stay or have additional treatments, those will be charged separately.

**Reservations** can be made over the phone, by email or in writing. Your booking becomes official when you receive our confirmation and the invoice for the security deposit of € 500. You may cancel your reservation – in writing only – during the first seven days after making the reservation. In this case, there will be no cancellation fee, provided it is more than four weeks before your treatment is scheduled to begin, because that is when we start planning your doctor's visits, treatments, meals and staff.

Starting the eighth day after making your reservation, a cancellation fee will apply. Any change to your reservation will result in a 51 € administrative fee.

### §3 Cancellation and early departure

Cancelling your reservation is only possible in written form. The cancellation charges depend on the time left until your treatments are scheduled to start and are proportional to the services booked, as follows:

#### In case of cancellation or early departure:

- until 4 weeks before arrival: 10%
- until 2 weeks before arrival: 30%
- 13 to 4 days before arrival: 50%
- 3 days or less before arrival: 75%

**If you don't arrive at all ('no show'), we charge 80% of the total cost estimate.**

**Early departure: If you have to leave before your course of treatment is complete, those services that were booked but not received will be charged at 80% of their cost.**

In the event of termination of the contract or in the event of non-utilization of the contractually agreed services, the guest has the burden of proof that no damage has arisen due to the termination or non-utilization or that this damage is signifi-

cantly lower than the cancellation fees listed under §3. Of course, we will also accept a same-sex substitute person if you are unable to take the cure yourself. We will also be happy to arrange reasonably priced cancellation insurance. For patients who require special care, a surcharge will be levied according to the additional expenses.

### §4 Notice of defects and warranty

During your course of treatment: Should any aspect of our services be unsatisfactory, it should be brought to our attention immediately, so we can remedy the situation right away.

### §5 Cancelling treatments during your stay

Cancelling single Ayurveda treatment sessions during your stay is possible until noon on the day before the planned treatment. Otherwise, you will be charged 80% of the treatment cost, unless there is a medical indication.

### §6 Data protection

Your personal information will be used solely for processing your reservation and for our own internal use, unless you have expressly agreed to additional usage.

If you wish to have your personal information removed, blocked or updated, please email us at: [info@ayurveda-badems.de](mailto:info@ayurveda-badems.de)

### §7 Applicable law

German law is applicable to all our services and contractual agreements.

In case of doubt, the German version of these Terms and Conditions applies.

### §8 Company information

Maharishi Ayurveda Gesundheits- und Seminarzentrum  
Bad Ems GmbH  
Am Robert Kampe Sprudel · POB 13 30  
56120 Bad Ems, Germany

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Tel: +49 2603 9407-0 · Fax: +49 2603 3122

Main domain: [www.ayurveda-badems.com](http://www.ayurveda-badems.com),  
[www.ayurveda-badems.de](http://www.ayurveda-badems.de)  
Sole authorized managing director: Lothar Pirc  
Medical director: Dr. Karin Pirc  
District Court Koblenz, HRB 4569  
Place of jurisdiction: Bad Ems  
Value added tax identification number: DE 149321178

**This list of prices and services is valid from 1 November 2022 and replaces all previous price lists. Subject to change; errors and misprints excepted. Our general terms and conditions apply.**



We will be delighted to advise you personally.  
Please call us: **+49 2603 9407-0**  
[info@ayurveda-badems.de](mailto:info@ayurveda-badems.de)  
[www.ayurveda-badems.com](http://www.ayurveda-badems.com)